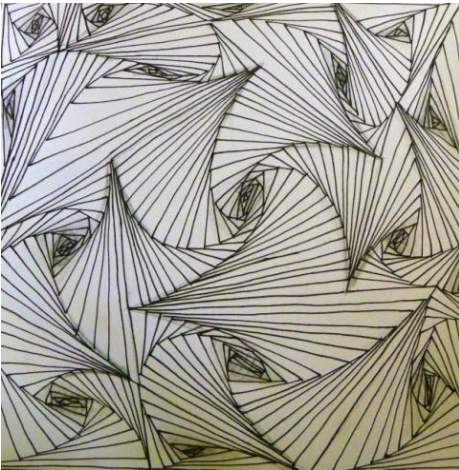


Reach for Zen through Zentangle

\$45.00 All materials are included

I will supply everything you need for this class and a good start on your collection of step-out drawing patterns. You will learn about the founders of this drawing method, the supplies you need, how I organize my patterns, and will go home at the end of the class with as many "tangles" or patterns as I can teach you.

This class is 4 hours long and can be split over 2 evenings. No previous drawing experience is needed, as long as you can hold a pencil, you can learn Zentangle.



I have been showing people of all ages how to draw Zentangle patterns since I first discovered the method in 2010 and became enthralled with this process of learning to draw.

Zentangle is easy to learn, relaxing and fun. You will be amazed at the beautiful images you can draw.

Zentangle has the ability to increase focus, help relieve stress, and is even a great diet aide.

A grade 4 teacher who took my class shared Zentangle with her students and told me that she was amazed when her whole class was quiet and focused.

I know for a fact that it has improved my creative skills, improved my eye-hand coordination, and added a wonderful new element to much of my artwork. I often warm up before starting a painting by doing a few tangle drawings and I add Zentangle to a lot of my art journal pages.

